

TUBERCULOSIS IS IN OUR COMMUNITY

In Santa Clara County, one in 10 residents may be infected with tuberculosis (TB). This is called latent TB infection and this form of TB is not contagious.



Most people with latent TB infection don't even know that they are infected. Asian and Pacific Islanders get active TB disease at rates that are almost three to seven (3-7) times that of the general population.

In Santa Clara County, about one in 16 people with active TB disease dies from the disease. This can be avoided by treating latent TB infection before it becomes active.

EVEN IF YOU FEEL HEALTHY, YOU MAY ALREADY BE INFECTED

TB becomes dangerous when the body's immune system is weakened. TB germs multiply and cause active TB disease and illness (fever, cough, weight loss).

OTHER RISK FACTORS

People with latent TB infection who smoke tobacco or have diabetes are more likely to have their immune system break down. This increases their risk for getting sick with active TB disease, and it also makes them more likely to die from their TB disease.

EARLY DETECTION IS KEY

It is important for you and your family to get tested for TB. TB is a serious health threat to Asians in Santa Clara County

Get Tested

Ask your doctor for these tests:

Tuberculin skin test (TST) or PPD: This test will tell if you have latent TB. The test may also be positive in people with active TB disease.

Interferon Gamma Release Assay (IGRA) blood test (e.g. Quantiferon or T-spot tests): People who have had the BCG vaccine should get this test. This test will tell if you have latent TB, and the BCG vaccination does not affect this test.

How is TB Treated?

If you have a positive TB test, you should see a doctor. You will need a chest x-ray to make sure you don't have active TB disease.

If your doctor tells you that you have latent TB infection, ask your doctor about treatment to prevent you from getting active TB disease. If you are a smoker or have diabetes, treatments are even more important to reduce your risk of becoming sick with TB.

**TB is a treatable disease.
Help us eliminate it.**

Take this form to your doctor

It is important to get tested at your own doctor's office because your doctor can help you monitor your health.

Dear Dr. _____
(your doctor's name)

I would like to:

_____ be tested for tuberculosis (TB)

_____ get a chest x-ray since I've had a positive TB test

_____ know my TB status
(I think that I've already been tested but am not sure)

If you don't have a doctor, TB testing is available at several clinics in Santa Clara County. Please call 408-885-3980 for information.

Low cost TB tests for anyone 18 years or older are also available at:

Location	Hours
Santa Clara County Public Health Department Adult Immunization Clinic 976 Lenzen Ave, Ste. 1500 San Jose, CA 95126	Mon, Tue, Wed & Fri: 8:15—11:30 am and 1:00—4:00 pm Thursdays: 8:15—11:30 am only

This message is brought to you by:



Tuberculosis Prevention Partnership
OF SANTA CLARA COUNTY